

# MASSAGE

Whether you are looking to relax, rejuvenate or recuperate there is a modality beneficial to your physical, emotional and spiritual well-being.

All our massage therapists are certified and licensed so you know you are in good hands.

## Classic Swedish Massage

A relaxing massage utilizing lighter effleurage movements. Soothes sore muscles, reduces toxins and stimulates blood and lymph flow.

## European Combination Massage

Combines techniques used in Swedish and Deep Tissue massages while pinpointing the specific needs of each individual for increased flexibility, tension relief and balancing of the body's energy system.

## Therapeutic Deep Tissue Massage

Deep pressure assists in the release of tension, toxins and knotted muscle fibers. Increases flexibility.

## Hot Stone Massage

Uses heated smooth river stones which, combined with massage movements, release tension and relax muscles to a deeper level.

## Aromatherapy Massage

Essential oils combined with massage detoxifies the body, soothes the mind and re-energizes the spirit. A holistic approach to well-being.

## Pre-Natal Massage

The specific needs of expectant mothers are met with this specialized massage.

*\*After 1st trimester only*

## Marine Magnesium Serum

Add on to any massage to effectively reduce muscular tension, pain, aches and sensitivity.

# BODY TREATMENTS

## Body Scrub

Best treatment to remove dull skin from the body and feel completely new.

## Detox Seaweed

The seaweed body wrap detoxifies the skin while adding vitamins and minerals.

## Body Wraps

Seasonal and targeted to address your particular concerns.

## Egyptian Ear Candling

A holistic treatment which may help with pain and pressure from sinusitis, earaches, swimmer's ear, middle ear infections and hearing difficulties.

# PACKAGES

Spa Sampler • Spa Beauty Day  
Body Beautiful • Face and Body  
Custom Package

We will help to customize a package  
for you or a loved one.

# OTHER SERVICES

Eyebrow & Eyelash Tint  
Lash Lift • Lash Extensions  
Microchanneling • Nano Treatment  
Peels • Waxing  
Reflexology (Face, Foot)  
Reconnective Healing

For a more in depth description of all our  
services visit our website



# Spa Rejuv

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# FACIALS

*Our facials begin with a consultation and skin analysis to determine which facial will best assist you in achieving beautiful, glowing skin.*

## Rejuv Signature – 60 Min

An excellent facial to begin a treatment program specifically designed for your skin type and condition.

## Instant Glow Facial – 75 Min

A soothing facial especially for sensitive or inflamed skin. Hydrating and brightening effects give the skin an Instant Glow!

## Oxygenating Facial – 75 Min

The best facial for clearing skin congestion. Prevents and controls acne with anti-microbial peptides.

## Stem Cell Facial – 75 Min

The newest innovation in anti-aging. Plant stem cells repair DNA, promote cell longevity and regulate genes. Remarkable wrinkle reduction and spectacular results.

## Botinol Facial – 90 Min

Our Signature Anti-Aging Treatment. An innovative use of peptides, retinol and alpha-lipoic acids visibly reduce expression lines and wrinkles.

## Teen Facial – 45 Min

A perfect introduction to properly caring for teen skin.

## Collagen Treatment – 90 Min

This powerful facial utilizes highly concentrated collagen to hydrate, tighten and rejuvenate the skin to rekindle a more youthful appearance.

## Luminous Facial – 75 Min

Vitamin C anti-aging treatment to the rescue! Hails from the purest marine and botanical ingredients, assuring long-lasting results for lines and wrinkles.

## Carboxi-Express – 45 Min

A quick pick-me-up to revitalize and refresh the skin in a snap! Carboxitherapy produces an explosion of Oxygen resulting in a visible revitalization of the skin.

## Hydrolifting Facial – 75 Min

This facial firms, lifts, deeply hydrates, and provides a visible tightening effect. The perfect “special occasion” facial.

## Microdermabrasion – 45 Min

A gold standard in skin resurfacing to improve uneven skin tone and dull complexion for a more youthful looking skin without having downtime.

## Stand Alone Peel – 30 Min

Salicylic, Glycolic or Lactic Acid Peel finished with a moisturizer.

# NAILS

## Basic Manicure – 30 Min

Your hands are massaged, nails shaped, buffed, and polished to perfection and finished with a polish of your choice.

## Spa Manicure – 45 Min

Our basic manicure plus an exfoliating treatment to soften and revitalize dry, tired hands, and a deep, relaxing massage with advanced hydration moisturizer.

## Basic Pedicure – 45 Min

This traditional pedicure begins with a therapeutic soak, shaping of the nails, followed by a foot massage and choice of nail polish color.

## Spa Pedicure – 60 Min

Nails will be shaped and cuticles groomed, followed by an exfoliating treatment and a revitalizing mask to help restore radiant looking skin. Deeply hydrating leg and foot massage, finished with polish of your choice.

## Reflexology Pedicure – 75 Min

Enjoy this healing therapy in addition to our Basic Pedicure. A truly healing and pampering experience!

## Callous Free Pedicure – 60 Min

This treatment enhances the traditional pedicure with an acid peel and mask to remove all dryness and calluses.

## Gentleman's Manicure & Pedicure